

## News from the office of...



**Dr. Sari Netsky**

Welcome to our latest newsletter, bringing you the latest updates from our dental office!

Many of our patients know that Dr. Netsky's qualifications include multiple degrees and designations, earned through thousands of hours of training, education and hands-on experience. In addition to her extensive knowledge in general and cosmetic dentistry, Dr. Netsky is also well qualified in a number of specialties, including orthodontics and dental implants.

We're proud to announce Dr. Netsky's latest achievement: a prestigious Fellowship from the International Congress of Oral Implantologists (ICOI), which Dr. Netsky was awarded at the recent ICOI Spring Symposium in Toronto, Canada.

Wondering how dental implants or cosmetic dentistry options could change your smile? Please be sure to give us a call. It's time to Debut the Beauty in You!

All the best,

*Sari Netsky*

Dr. Sari Netsky

## ANCHOR AN IMPLANT AND STRENGTHEN YOUR JAW



Replacing a missing tooth or teeth can be achieved by means of dentures, bridges or dental implants. While all of these methods will result in filling the gap left by the missing tooth, there is only one that will actually help prevent the natural loss of bone in your jaw over time, and that's the dental implant.

Most people are not aware that once a tooth is lost, the bone surrounding the original tooth starts to deteriorate in their jaw. Over time, the bone loss can cause facial changes, problems with eating and changes in speech. The installation of a dental implant "anchor" - an artificial tooth root placed where the missing tooth was - fills the gap left by the natural root so that this deterioration doesn't have the opportunity to start. The jaw bone grows around this "anchor" to secure it in place, providing a firmly fixed base for your new tooth, without any of the surrounding teeth being affected.

Dental implants are ideal for people with healthy gums and bones who are looking for permanent, natural-looking replacements for one or more teeth. Please ask us to show you how dental implants work, and if they may be the solution to filling the space left by your missing tooth or teeth.



## "SMOKIN' HOT" OR NOT?



The image of James Dean in a leather jacket with a cigarette perched jauntily in his mouth certainly embodies the image of "cool". The reality of the effects of smoking on your teeth, mouth and overall health, however, are anything but.

In addition to the various cancers and other health risks of smoking are the staining properties of tobacco on your teeth, whether you smoke it or chew it. Frequent cleanings by a dental professional are absolutely vital, but eventually some of the tobacco stains will seep into the pores of your tooth enamel, and turn your teeth a darker color. At this point, no amount of cleaning will help... you'll need to have your teeth professionally whitened, or even consider the application of porcelain veneers to cover up the deep stains.

Ask us about the effectiveness of a whitening program for your

specific situation. We'll explain the different options you have and design a whitening program that will allow you to regain, and in some cases even improve, the original color of your teeth.

If you're concerned about the cost of whitening or veneers, consider this... a smoker who spends \$25 a week on cigarettes will pay out \$1,300 a year. Cutting down on your cigarette usage or even quitting the habit altogether will create a nice little nest-egg that you can use to reward yourself, starting with the investment of a bright, white smile!

## HOW DO I LOOK?

While most people take the time to thoroughly groom themselves in the morning and systematically brush their teeth at night, how much time does the average person actually spend checking out their smile in the mirror? In most cases, other people spend more time observing and noticing your teeth than you do.

Take a minute now to have a close look at your teeth. Ask yourself:

- Are my teeth yellow, dull, dark or stained?
- Are they shaded unevenly?
- Do I have any crowns and/or old dental work that doesn't match my natural teeth anymore?

If you answered "yes" to any of these questions, you should know just how easy it is to solve these very common imperfections, typically with minimum time and effort on your part.

Call us today to find out if tooth whitening, or another dental option, would be right for you!



## Warren Family Dental



Office Team

### Sari Netsky, D.M.D., M.S., M.A.G.D.

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#### Office Hours:

Mon.: 9 a.m. - 6 p.m.  
Tues.: 8 a.m. - 7 p.m.  
Wed.: Closed  
Thurs.: 8 a.m. - 6 p.m.  
Fri.: 8 a.m. - 5 p.m.  
Sat.: 8 a.m. - 1 p.m.

#### Our Services Include:

- Cosmetic Dentistry • Tooth Whitening • Bonding & Veneers • Root Canals
- Crowns & Bridges • Denture Fittings • Dental Implants • General Dentistry

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